



博昊科技有限公司
BOUGH TECHNOLOGY LIMITED

Unit513,Lakeside 1,Bldg.15,No.8 Science Park West Avenue,
HongKong Science Park,New Territories,HongKong.
Tel:+852 3595 1823. Fax:+852 2661 9845. www.bough.com.cn

BG544

(BLE 腹部健身仪)

使用说明书

Ver:1.0

HK OFFICE	Unit513,Lakeside 1,Bldg.15,No.8 Science Park West Avenue, Hong Kong Science Park, New Territories., Hong Kong
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Bough Technology LTD.



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Version Update

Item	Version	Date	Description
1	V0.0	Jan20,2017	The Draft Version
2	V0.5	Jun10,2017	Modify the system diagram

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概述

本产品采用 EMS 技术（工作电压可达到 30V—60V），患有心脏病，高血压等疾病用户请勿使用本产品。请将本产品远离人体大脑。请勿将本产品提供给未满 18 周岁的儿童以及小孩使用。本产品主要适用于家庭。

使用方法

- 1, 下载 APP:在产品提供的下载途径获相应的 APP
- 2, 自动连接蓝牙：打开蓝牙以及打开 APP,打开 APP 主界面的时候，健身仪开机后会自行的与手机蓝牙连接（无需输入蓝牙连接密码）
- 3, 开机：长按“+”键开机（约 3S）
- 4, 关机：长按“-”键关机（约 3S）
- 5, 打开 APP，开启蓝牙连接腹部按摩仪，并设置档位强度和工作模式
- 6, 档位强度调节：健身仪开机后，可通过短按主机上的“+”和“-”键来调节档位强度，也可以通过 APP 来调节档位强度。
- 7, 工作模式切换：可通过长按主机上的“+”键 3S 来切换工作模式，也可以通过 APP 来切换工作模式。
- 8, 充电：采用 USB 充电线给腹部按摩仪充电
- 9, 更换啫喱贴：啫喱贴属于易耗品，长时间使用会导致啫喱贴老化损坏，影响使用体验效果，为了安全和体验效果，请采用本公司专业啫喱贴进行更换使用。
- 10, 复位键：当健身仪出现死机或无法开机的时候，用户可通过复位键将腹部健仪进行复位。

查看记录

在健身仪的 APP 中可查看使用记录。

异常现象解决方法

Q: 健身仪无法连接 APP

A: 原因:

- 1, 断开蓝牙，再打开，确保已经连接上
- 2, 如果是 Android 手机，系统版本不低于 4.3
- 3, 健身仪和移动设备距离太远
- 4, 中间有墙等障碍物
- 5, 设备不能正常控制

A: 解决方法:

- 1, 打开蓝牙
- 2, 使用 Android4.3 以上版本的手机（Android 6.0 及以上版本手机需要打开 GPS）
- 3, 健身仪靠近手机
- 4, 避免在有障碍物的情况下使用
- 5, 电池电量不足，充电后再次启动

Q: 无法开机



A: 原因:

- 1, 电池电量不足
- 2, 死机

A: 解决方法

1. 将健身仪进行充电
2. 将健身仪进行复位

清洁、保养与储存

本机上若有 污垢请用干燥柔软的布擦拭。污染很严重的时候, 请用沾有水或中性洗涤剂的布且拧干后擦拭, 然后用干布擦拭干净, 避免水进入产品内, 以免损坏内部的电子元器件。

- 啫喱贴属于易耗品, 使用完毕后请确保清洁卫生并保护。
- 请勿将本产品暴露于强阳光, 灰尘以及污染的环境中。
- 请不要使用汽油, 挥发油, 稀释剂, 酒精等化学溶剂擦本产品。

注意事项

1. 本产品是精密仪器, 请小心轻放, 避免撞击, 跌落而导致产品故障。
2. 请勿将本产品浸入水中。
3. 如产品不能正常使用, 请停止使用并咨询经销商。
4. 请不要擅自拆卸本产品。
5. 本说明书中所提供的所有插图仅供参考, 以实物为准。



Summary

This product adopts EMS technology (the working voltage can reach 30V - 60V), and the product is not used by patients with heart disease, hypertension and other diseases. Please keep this product away from the human brain. Please do not provide this product to children under 18 years of age and children. This product mainly applies to the family.

Method of application

Download APP: products provide ways to download the corresponding APP automatically connected bluetooth: open the bluetooth and open the APP, open the APP main interface, fitness apparatus after startup will itself with mobile phone bluetooth connection (need not enter the bluetooth connection password) boot: long press + boot (about 3 s) shutdown: long press - button to turn it off (about 3 s) open the APP, open the bluetooth connection abdominal massage device, and set the gear strength and work mode gear strength to adjust: fitness apparatus after startup, can press through short on a host of + and - keys to adjust the gear strength, strength of also can adjust the gear through the APP working mode switching: through long press on the host + 3 s to switch working pattern, also can switch work mode through the APP. Charge: use USB charging line to abdominal massage instrument replacement gel stick: gel belongs to consumable, use for a long time can lead to gel aging damage, influence experience effect, for the sake of safety and experience effect, please use the company specializing in the gel stick for replacement using a reset button: when fitness instrument crashes or unable to boot, the user can be reset by reset button will abdominal health meter to check the record

View log

You can view the use record in the fitness meter APP.

Solutions to anomalies

Q:Unable to connect to the APP

A: fitness reasons:

1. disconnect bluetooth, open again, make sure is connected
2. If it is Android mobile phone, intelligent system version is not lower than 4.3
3. fitness apparatus and mobile distance too far
4. Obstacles such as A wall between equipment can't normal control

A:solution:

1. open the bluetooth
2. version of the mobile phone use over A Android4.3 (Android version 6.0 and above phone need to open the GPS)
3. fitness apparatus near the phone
4. Avoid using battery in the case of there are obstacles, charging starts again after

Q: unable to start up

A: reasons:

1. lack of battery



-
2. Crash:
A: solution
1. Will be charge by fitness apparatus
 2. Will be reset by fitness apparatus

Cleaning and maintenance and storage

This machine if there is dirt, please use soft dry cloth to wipe the pollution is very serious, please use cloth dipped in water or neutral detergent and twist dry wipe, then use dry cloth to wipe clean, prevent water from entering the product, so as not to damage the internal electronic components

- After using gel belongs to consumable, please ensure cleanliness and protection
- Do not use this product exposure to strong sunlight, dust and pollution of the environment
- Please do not use gasoline, naphtha, thinner, alcohol and other chemical solvents to clean this product

Matters need attention

1. This product is a precision instrument, please handle with care, avoid collisions, fall and cause product failure
2. Do not use this product into the water
3. Such as product can't normal use, please stop using and consult the dealer
4. Please do not remove this product without authorization
5. Provided all the pictures in this manual are for reference only, the kind prevail